Walk Health Dance Confidently

Walking and dancing can train your legs' and hip muscle, and can also help slow the progression of age-related muscle loss.

With a mat and a mobile device, you can exercise anywhere, even when you are traveling.

Easy to Carry, Great for Picnic and Camping Activities

Jump Anytime Dance Anywhere

It is easy to connect Egomat to your mobile device using Bluetooth allowing people to dance anywhere, anytime.

Song1 (+)

Easy (+)

COMBO

999_999

MISS

X

Song

Dance Step

999,999

155

Exercise Mode: Easy Jump

(People can set up their own background picture and exercise duration. Jump hard, sweat hard, easy to burn up your calories)

Easy Jump Custom Mode:

Users can select their favorite songs, backgrounds, and exercise duration. After set up, users can enjoy the fun of Easy Jump.

Easy Exercise; Easy Jump

No need for expensive monthly fee, easy to exercise at home.

Score Sharing via Face book

Users can share their score with their friends on Face book after dancing.



Use Healthy Walk to exercise anywhere to burn up your calories anytime.

Healthy Walk_/



Healthy Walk Mode:

Set up your walking goals; target your goal to over 10,000 steps. Walking can help people exercise their muscles that are not regularly used, such as legs, and hips. Those muscles will decline with aging. With the help of Healthy Walk, people can train and stimulate those muscles.

6 Different Modes of Healthy Walk

Select your target steps Healthy Walk has six different pre-set targets (1000 / 3000 / 6000 / 9000 / 12000 / 14000 steps).

Support YouTube

Healthy Walk can support YouTube. Users can walk and watch YouTube at the same time. Users will not feel bored anymore during walking exercise.

Share on Face book

Users can share their Healthy Walk score (steps walked / calories burned / total time consumed) on Face book to compete with their friends.



Synchronize in Lager Scree

1. Smart TV

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Congratulations ! /ou reached your goal 3000 steps

520

• Tail Time 01:00:12

Current Stope

3000

OK

As long as user's mobile devices support Wi-Fi Certificated Miracast (Android 4.2 and above, supporting Wi-Fi Miracast), users can connect their mobile devices to their smart TV through wireless. No need for any type of wire.

3000

Android cell phone: Turn on the Miracast function and it will detect automatically. iOS cell phone: If users want to mirror iPhone or iPad screen to a smart TV, connect devices through Apple TV or Apple-certified HDMI adapter cable.

2. Regular TV

Users need to buy a TV dongle (supporting HDMI port / USB port). For Android system, it is recommended to buy Google Chromecast. For iOS system, it is recommended to buy Apple TV or Apple-certified HDMI adapter cable.

Egomat is suitable for everyone, no age difference. No need for a TV, easy to carry around. With a mat and a mobile device, people can exercise anywhere, anytime.

App: Egomat 易走健康毯

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Easy connect, exercise anytime, anywhere



Bluetooth Connection:

Bluetooth 4.0 support Android and iOS cell phones or tablets (Android 4.4 and above; iOS 9.0 and above). Easy to connect and exercise anytime.

Non-slip Material:

PU material increase thickness and enhance non-slip capability. The surface is not easy to create wrinkles.

Health Management

Complete exercise record: time, distances, steps and calories consumed in every dancing and walking activity will be recorded, and presented in graphic charts, making it easy to record users' exercise history.

My Record:

A record will be generated every time a user uses Healthy Walk or Easy Jump. For Healthy Walk, the record includes steps, time, and calories for Easy Jump, the record includes scores, level, and calories. Weight and BMI are also included in the record. Users can record their weight every day to easily manage their health, and they can share their exercising status with their friends on Facebook.



Egomat Interface and Functions



*The color of the product image will vary slightly depending on the computer screen. Please use the actual product color.

Button	Function
Select-	Select / Stop. When pressing the Select button, a warning message prompts to confirm whether to stop game and return to the home page. Press the Select button to wake Bluetooth from sleep.
Start+	Pause / Start. Press to pause, press again to continue.
1	Up
ţ	Down
\rightarrow	Right
←	Left

Mode	How to Use
Easy Jump	Press the correct directional buttons on the Egomat that correspond to the arrow on-screen
Healthy Walk	Press any two buttons (B/ \uparrow /A/ \rightarrow /X/ \downarrow /Y/ \leftarrow) one after the other repeatedly to walk. The logo area in the center is for rest and with no function.

Installation and Set up



9V Battery Installation

Use a screw driver to remove the retention screw in the battery cover. Open the battery cover and insert the 9 V battery that came with the Egomat into the battery compartment. Secure the battery cover with the previously removed retention screw.



Switch between iOS and Android System

Switch to iOS mode or Android mode according to the mobile device you are using.

iOS mode: switch to iOS mode with the switch located below the battery holder.

Android mode: switch to Android mode with the switch located below the battery holder.







Install Egomat App:

Use the paired mobile device to scan the QR Code above to download the Egomat App.







Bluetooth Connection:

iOS Users: Turn on Bluetooth and then launch Egomat App. For first time use, the system will guide you to pair with Egomat after entering the home page. Once paired, you just open the Egomat App and the mobile device will automatically connect to Egomat.

Android Users: Turn on Bluetooth and then launch Egomat App. For first time use, the mobile device will pair with Egomat automatically. Once paired, you just open the Egomat App and the mobile device will automatically connect to Egomat.

Product Specifications

Egomat	
SoC	32-bit processor with single-cycle 32-bitmultiply, operating at up to 48 MHz
Memory	128 KB flash memory 16 KB SRAM memory
Communication	Bluetooth Low Energy (BLE), wireless communication
Button	2 x Function button 8 x Standard button
Power (Battery)	9 V battery (PP3) (9.7 V ~ 5.4 V) Egomat's battery can last for about 37 days when Bluetooth stays connected without unplugging power. Egomat's battery can last for about 7 months when Bluetooth is disconnected but without unplugging power.
Operating Temperature	0~40°C
Storage Temperature	0~50°C
Humidity	0~95%, non-condensing
Dimensions	930 mm (L) x 830 mm (W) x 7 mm (H)
Weight	300 g
Weight Limited	100 kg